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your cancer risk will drop, especially in women. fat causes an increase in estrogen which is a hormone that in excess is linked to breast and endometrial cancer

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rle de l'alimentation aux origines du coeur d'athlète athlètes : lectrocardiogramme systématique trop d'athlètes

[muellersportsmed.com/taping/taping.html](https://muellersportsmed.com/taping/taping.html)